

# Walligoe steps

Walligoe  
Doon ye go  
Heel tae toe  
Lang way tae go  
Frae high tae low  
yer cheeks'll glow  
Fir far below  
The sea she flows  
Pianissimo  
Or rough and no  
Very friendly, so  
Dinnae look below  
Ye'll get vertigo,  
Yer doon - bravo!  
turn me aroond ma Jo  
Back up ye go  
But tak it slow  
Lang way ti go  
Strong ye'll grow  
Heel tae toe  
Puff and blow  
Richt gung-ho!  
Up Walligoe!

# Puffins by Laidhna

Puffins wait in a raft at sea  
for the gulls on the stack  
in gull pecking order  
to nod off or feel  
for this evening at least  
they've had enough to eat

then in they come  
the little ones  
to splash the rock  
with beakness.